

VOICE VERSUS VOTE

DECISION WORKSHEET

Every voice may be heard. Not every voice should control the decision.

THE DIFFERENCE

VOICE = INPUT

VOTE = AUTHORITY

The goal is not to silence fear, doubt, pressure, Past You, or other people. The goal is to assign each voice the authority it has earned.



THE CORE QUESTION

This voice is speaking. How much of the vote should it receive?

Separate what is being said from who is allowed to decide.

THE FRAMEWORK

A voice can be valid without being in command.

Fear may be warning you. Doubt may be asking for evidence. Pressure may reveal a deadline. Past You may bring a lesson. Another person may offer perspective. None of that automatically earns control of the decision.

5

FULL CONTROL

This voice makes the decision.

4

STRONG INFLUENCE

This voice significantly shapes the decision.

3

CONSIDERED INPUT

This voice is heard and weighed with the others.

2

LIMITED INPUT

This voice is acknowledged but cannot redirect the mission.

1

LESSON ONLY

This voice provides intelligence - not orders.

IMPORTANT

The score is not about whether the voice is good or bad. It is about whether that voice has enough evidence, alignment, and authority to control this decision.

Choose one real decision before identifying the voices.

SITUATION REPORT

What decision are you trying to make?

Which area is most affected?

☐ Body

☐ Relationships

☐ Purpose

What makes this decision difficult?

☐ Fear of what could happen

☐ Doubt about the right choice

☐ Pressure from time, money, or people

☐ Past experience is controlling the present

☐ Too many competing priorities

☐ I keep reopening a decision I already made

What happens if you delay this decision for another seven days?

The decision I am filtering today: _____

List every voice before deciding how much authority each one receives.

VOICE INVENTORY

Bring the hidden voices into the room.

PAST YOU

What lesson, warning, identity, or memory is speaking? _____

FEAR

What danger is fear trying to prevent? _____

DOUBT

What evidence or certainty is doubt demanding? _____

PRESSURE

Who or what is pushing for speed, approval, or relief? _____

OTHER PEOPLE

Whose opinion, expectation, or reaction is influencing you? _____

FUTURE YOU

What direction, objective, or identity is calling you forward? _____

PRESENT ALIGNMENT

What does the situation require from you now? _____

Which voice is currently the loudest?

Loudest does not mean most qualified. _____

Test the message before assigning the vote.

EVIDENCE CHECK

Choose the voice currently asking for control.

Voice being evaluated: _____

What exactly is this voice saying?

What is this voice trying to protect or obtain?

What evidence supports what it is saying?

What evidence challenges or limits it?

PRELIMINARY VOTE

This voice currently deserves:

1

2

3

4

5

CONSEQUENCE CHECK

What happens if this voice receives control?

IF I OBEY THIS VOICE

Short-term result:

Long-term result:

IF I LIMIT THIS VOICE

Short-term result:

Long-term result:

Which choice best protects alignment across the three areas?

☐ Body

☐ Relationships

☐ Purpose

Which version of you supports the aligned choice?

☐ Past You's lesson

☐ Present You's responsibility

☐ Future You's direction

What would you advise someone you care about to do?

The vote that creates the strongest long-term alignment is:

ASSIGN THE VOTES

Give every voice the authority it has earned - no more and no less.

FINAL AUTHORITY

Complete the vote table before deciding.

VOICE	WHAT IT CONTRIBUTES	VOTE 1-5	ROLE
Past You			
Fear			
Doubt			
Pressure			
Other people			
Future You			
Present alignment			

FINAL AUTHORITY CHECK

Which voice receives the deciding vote?

DECISION ISSUED

What is the decision after every voice has been heard?

Why is this decision aligned?

Which voices were heard but did not receive control?

TASK 1™ - PRESENT YOU EXECUTES

Within the next 24 hours, I will:

Completion deadline

Proof / accountability
